

# Wyllie Fox Farm



*your Central New York source  
for locally grown natural foods*

Please note that effective June 5, 2009  
the Wyllie Fox Farm 2009 CSA  
membership reached full capacity and  
regretably is now closed to any  
additional members.

The below brochure is for informational  
purposes only.



Wyllie Fox farm is a small, family-owned farm located 30 minutes northwest of Syracuse. It is our mission to use soil, water and the sun's energy to produce healthy and high quality produce for our local customers.

We are proud to be offering a tremendous variety of vegetables, herbs and cut flowers that are sustainably grown without the input of chemical fertilizers or pesticides.

We have signed the NOFA-NY farmer's pledge. This pledge was developed for farmers "who have a fundamental disagreement with the usurpation and control of the word "organic" by the USDA, and those farmers who want to pledge to an additional philosophical statement about their growing practices." For more information, please visit [www.nofany.org/farmerspledge](http://www.nofany.org/farmerspledge).

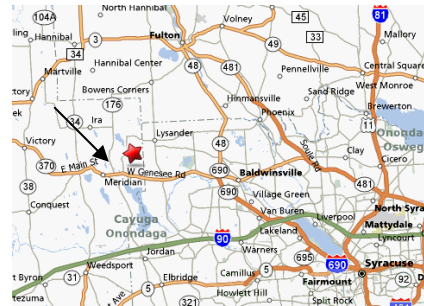
We love sharing our farm vision with the public and showing people where real food comes from. We invite you to make an appointment to visit us!



## Where & When to find us:

Wyllie Fox Farm  
 Saturday morning 8:00am-12:00pm  
 Or by appointment—please call ahead  
 3745 Allen Road, Cato  
 (315) 427-8266

From Rte. 370, head north on Southard Rd.  
 1.9 miles. Take your 1st right onto Weller Rd.  
 Go straight on Allen Rd., (downhill) 0.4 miles.  
 Visit [www.wylliefoxfarm.com](http://www.wylliefoxfarm.com) for map.



A diversified family farm  
 located in Central New York

Offering in 2009:  
 A wide variety of Vegetables,  
 Fresh Herbs &  
 Cut Flower Bouquets

Available through:  
 CSA Shares  
 (Community Supported Agriculture)  
 Saturday Morning Farm Stand  
 Wednesday Market @ Green Hills  
 Thursday Market @ Natur-Tyme

Green Hills Market  
 Wednesday 3:00pm-7:00pm  
 5933 South Salina Street, Syracuse  
 Visit [www.greenhills.com](http://www.greenhills.com) for directions

Natur-Tyme  
 Thursday 2:00pm-6:30pm  
 5898 Bridge Street, East Syracuse  
 Visit [www.naturtyme.com](http://www.naturtyme.com) for directions

Natur-Tyme & Green Hills have generously offered these locations to us. Please contact the farm directly with all questions.



## What is CSA?

Community Supported Agriculture (CSA) is a partnership between growers and eaters. The grower is provided a market through prepaid sales which help finance the farm's operations. This helps to level the playing field in a food market that favors large-scale industrial agriculture. In return, the eater is provided with a variety of the freshest, local produce, direct from farm to table! Joining a CSA is a great way to have a healthy, delicious diet & support your local farmers and economy.

## How does it work?

CSA shares will be distributed weekly at each of three locations, for 20 weeks.

Location	First Drop	Last Drop
Wednesday PM Market @ Green Hills	June 17	October 28
Thursday PM Market @ Natur-Tyme	June 18	October 29
Saturday AM @ Wyllie Fox Farm	June 20	October 31

Along with the "Foxy 5" veggies provided each week, members will be provided with a choice between other items. "Foxy 5" and "choice" items will reflect the season.

"Foxy 5"	Choose 4 more from below	
Tomatoes (2 lb)	Basil (1 bunch)	Parsley (Bunch)
Lettuce (1 head)	Thai Basil (Bunch)	Leeks (3)
Carrots (Bunch)	Onions (1lb)	Potatoes (1 lb)
Chard (Bunch)	Kale (1 bunch)	Flower Bouquet
Beets (Bunch)	Hot Peppers (1lb)	Cabbage (Head)



A typical fall 2008 share included Potatoes, Celery, Tomatoes, Chard, Leeks, Beets, Japanese Eggplant, Hot Peppers, Shallots, Garlic, Sweet Peppers & Red Onions

### Added Benefits for CSA Members:

- Personal farm tours & picnics
- "One for me, One for you" U-pick events:  
Peas (6/27/08)  
String Beans (7/18/09)  
Paste Tomatoes (8/22/08)  
Pumpkins (10/10/08)
- Learn to eat seasonally w/ weekly recipes.

### Half Shares:

Half the produce—designed for 1 person.

### Working Shares:

As a labor-intensive operation, we are always in need of good help! For those who want to take their involvement with the farm to the next level, we are offering working shares. Members who choose this option will be required to work (6) 4-hour shifts during the season. Half share members work (3) shifts. Your time working on the farm is an important part of the compensation for your share. Please be aware that farm labor is physically challenging. Call Jamie to discuss this option if you are interested!

## YES, PLEASE SIGN ME UP!

I would like to sign up for the following CSA share for the summer of 2009:

- Standard CSA Share: \$ 525  
 Std. Working CSA Share: \$ 375  
 Early Pmt. by Feb. 28—Std: <\$ 75>  
 Early Pmt. by Apr. 15—Std: <\$ 50>  
 Half CSA Share: \$ 275  
 Half Working CSA Share: \$ 200  
 Early Pmt. by Feb. 28—Half: <\$ 30>  
 Early Pmt. by Apr. 15—Half: <\$ 20>

Which Day/Location will you pick up at?

- Saturday AM @ Wyllie Fox Farm  
 Wednesday PM @ Green Hills  
 Thursday PM @ Natur-Tyme

If you are splitting a share, please provide contact information for both households.

\_\_\_\_\_  
Name(s)

\_\_\_\_\_  
Mailing Address—Line 1

\_\_\_\_\_  
Mailing Address—Line 2

\_\_\_\_\_  
Phone Number(s)

\_\_\_\_\_  
Email Address(es)

\_\_\_\_\_  
How did you hear about us?

## CONTACT INFORMATION:

Please return this form with your check to:

**Wyllie Fox Farm**

**3745 Allen Road, Cato, NY 13033**

For more information, visit our website:

[www.wylliefoxfarm.com](http://www.wylliefoxfarm.com)

Email: [farmer@wylliefoxfarm.com](mailto:farmer@wylliefoxfarm.com)

Or call Jamie at (315) 427-8266

